



Dear friend,

This is a festive season for many. A time to share light, hope, love, and joy. I am sharing my strategy (again) as it helps me during the darkest of times and reminds me that light and love overpower hate.

## Strategic hope

I plan some action that will give me hope for the future, a future that I cannot predict or prevent, a future that may not include me, a future that embodies all that is possible. What are you planning to do in 2026 that gives you (and others) hope now? I am developing new sessions to help leaders take effective action despite constant challenges and crises. Think about planting a tree—a really slow growing tree—or planting a thought.

## Resilient love

I experience pain, disappointment, fear and anger and *still* feel love. This is no small miracle. Picture those who you love. Picture those who have shown you love, *especially* those who have given you unconditional love. A dear friend sent me a text this morning asking how we are. I am grateful for his gift of light. That inspires me to reach out to others. Who can you text, call or email to keep the chain of love growing?

## Persistent Joy

Regardless of how hard life can be, we can help each other with our laughter, creativity and spontaneity. Every morning, we share our daily calendar cartoons. Mine are from *The New Yorker*, Chris' are from The Far Side®. This guarantees at least a giggle from at least one of us. It is a great start to our day! Who can you share some laughter or silliness with? Call them and tell them a joke or text them a cartoon. Share the joy!

I wish you light, hope, love, and joy during this season, throughout the new year, and beyond!

Onward!

~ Wendy

